

# Standing Tall

A School Based Mentoring Program

TERM 2 | Edition 2 | May 2012

**SAVE THE DATE...**(more details to follow)

2nd August - QUIZ NIGHT

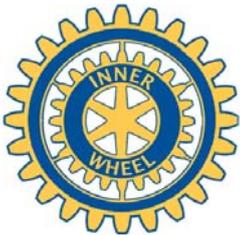
13th August - Standing Tall AGM

## Standing Tall in the Community...

A number of our mentors and mentees volunteered their time in March to take part in the Red Cross Door Knock appeal. Great effort everyone, we raised \$324 in total!



**Australian Red Cross**  
THE POWER OF HUMANITY



Many thanks to the Hamilton Rotary Inner Wheel ladies who organised a fundraising Film Night for the program at the Hamilton Cinema on the 17th May. 120 people enjoyed "Salmon Fishing in the Yemen" followed by a yummy supper, with proceeds to be donated to the program.

As in previous years, we have the opportunity to take part in the WDHS door knock appeal between the 16th June to the 24th June. If any mentors and mentees are interested in being involved, please let us know.



## TERM TWO BIRTHDAYS!!!

April...

11th - Brayden Watson

17th - Kobe Eagles & Lachy Taylor

20th - Vicki Allen

28th - Lauren Moritz

May...

26th - Zac Joore

June...

23rd - Mark Hutchins

25th - Jordan McGregor

27th - Chris Anagnostou

**HAPPY BIRTHDAY**

**Mentors** - Can you please let me know your birthdates as soon as possible please, don't worry we won't reveal your age!!

## Tips for effective Mentoring...

**Healthy Eating** - we love the fact that mentors often take their mentees out for lunches etc. And we would love to promote healthy options in this. Be thoughtful about where you take your mentee, the healthier the better! We would also like to encourage you to use this option more as a special occasion treat, for birthdays, end of term etc, rather than making it a regular thing.

**Communication** - we have awesome mentors who often go above and beyond their one hour a week, and do things with their mentees outside of the official mentoring times. May we please ask that anything you organise with your mentee, can you please also keep us in the loop, so we know what you're doing. It is up to you and your mentor to decide whether you share each others phone numbers etc so you can keep in contact regularly, do not feel pressured to if you do not want to, we are happy to pass on messages.

**Car Insurance** - Many of you take your mentors offsite on excursions in your cars, please ensure that you have provided us with a copy of your insurance, so we are covered in the event of any issues. Each time you renew your car insurance, please remember to send us a copy.

**Creativity** - be creative with what you and your mentee spend time doing, explore their interests. We have a great mentoring space, but there are also opportunities for using other school facilities and going offsite (parental permission granted) on excursions around the community. We are happy to organise facilities for use, and equipment you may need.



## Baimbridge College Open Night - May 23rd

A Massive thankyou to Geraldine McDonald and Sarah Cross for helping us promote the Standing Tall program to the school community on Wednesday night. It was great to meet more students and parents as they toured around the school. It was also great to see a number of our mentees acting as tour guides on the night. Well Done!



## Congratulations

In happy news, one of our beautiful mentors, Carly Behncke (Quinn) was married to Jack earlier this year. Congratulations to Mr & Mrs Behncke. From all here at Standing Tall, we wish you both a long and happy marriage, filled with love and joy!!!

## Calling for New Mentors...

As you may have heard on the local radio station, Standing Tall are on the lookout for new mentors. We have a number of students on a waiting list waiting excitingly to be matched to someone amazing from our community. If you know of any friends, family or colleagues that may be suited to the program, and are interested in being trained as a mentor, please direct them to us at the office for an Application Pack. We are looking to run a Mentor training session towards the end of this term.

## DID YOU KNOW...

The Top five concerns for young people aged 11-24 in Australia (in Gender Comparison) are...

- | MALES                       | FEMALES                     |
|-----------------------------|-----------------------------|
| 1. Alcohol                  | 1. Body Image               |
| 2. Body Image               | 2. Family Conflict          |
| 3. Family Conflict          | 3. Coping with Stress       |
| 4. Bullying/Emotional Abuse | 4. School or Study Problems |
| 5. School or Study Problems | 5. Personal Safety          |
| 6.                          |                             |

As found in the results of the *Mission Australia National Survey of Young Australians in 2010*.

## A thought for this term...

One of my favourite movies of all time is "August Rush" about this little orphan boy's quest to find his parents, it's beautiful, and I think you all should watch it... there is a song in the movie that reminds me of the role we as adults can play in the lives of our young people, as we *hang in there with them* as they face the pressures of growing up, our young people may not have the extent of issues listed in this song, but I think the message is the same (and I love that there is *Standing Tall* in the lyrics), so I wanted to share it with you. *Jane*

### RAISE IT UP

No father figure in the house  
And I'm wondering how I'm gonna work it out  
Oh My friends keep on telling me how I don't need that man  
But they don't really understand

There's far too many pressures in reality  
With dealing with the pain, the stress and poverty  
And I gotta be myself because there's nobody else for me, No

### Chorus

Hang in there with me  
Sometimes it takes a different kind of love to raise a child  
So don't give up, So don't give up  
When pressures come down  
Sometimes it takes a different kind of dream to make you smile  
So raise it up, So raise...  
Hang in there with me  
Sometimes we need another helping hand to show the way  
So don't give up, So don't give up

When pressures come down  
Sometimes it seems impossible and that's why we pray  
So raise it up... We pray

Seems to be nothing left for me  
Momma's gone, Daddy didn't wanna be  
And now I'm all by myself  
Wondering where is love, or should i just give up

Life falls down on me, cuts into my soul  
But I know I got the strength  
To make it through it all  
Cause I'm still **STANDING TALL**

Breaking through these walls  
I'm gonna give my all

Feeling like a motherless child  
Pain cuts into my soul  
It's bringing me down  
Can't find my smile on the face  
Of a motherless child  
I'm gonna break down these walls  
Gonna give my all

### Chorus

CONTACT | TRACEY MCDONNELL & JANE CROWE | STANDING TALL | BAIMBRIDGE COLLEGE  
85 STEPHEN STREET | HAMILTON VIC 3300 | 03 5572 2788 | standingtall@baimbridge-co.vic.edu.au



THANKS TO OUR  
*Supporters...*